

Syllabus for Psych 11 – Lifespan Development

Course Information

Summer 2023

Psych 11 -V6347

Instructor's name: Heidi Morgan, MA, Ed.D.

Online class (no zoom or in person meetings)

Course units: 3

Instructor Contact Information

Office hours: Individual phone meetings are available upon request. Email me to arrange time.

Email address: heidi-morgan@redwoods.edu (I generally check my email daily or every couple of days and will respond within 48 hours in most cases) Best way to reach me is to use inbox in CANVAS course.

Important Note: Students who have not completed any assignment (discussion or quiz) the first week of class will be dropped as a “no show” on census date.

Students who have missed 3 assignments in a row and are failing the class may be dropped by the instructor with a “W.” Students should contact the instructor if they do not wish to be dropped with a W. Please review important dates from admissions and records for this semester.

Catalog Description

A course in the scientific study of human development across the lifespan. The content takes an integrative approach that includes the biological foundations and major theories: psychodynamic, behavioral, social cognitive, contextual (e.g., sociocultural), and cognitive. Topics include prenatal, infant, child, adolescent, and adult development.

Course Student Learning Outcomes

- (1) Analyze how biological, psychological, and social processes affect human development.
- (2) Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of prenatal, infant, child, adolescent, and adult development.
- (3) Analyze and/or apply developmental research in writing.
- (4) Identify and describe classic and contemporary theories and research in lifespan psychology.

(5) Identify and describe the techniques and methods used by developmental psychologists to study human development.

(6) Identify possible causes or sources of developmental change and reasons for disturbances in the developmental process

Course Objectives (from Course Outline)

The purpose of this course is to introduce students to the field of lifespan development. There are four major sub-goals:

1. To explain how psychological scientists study human development across the lifespan.
2. To introduce students to the body of knowledge and underlying principles that currently exist in the field including biological foundations and major theories: psychodynamic, behavioral, social cognitive, contextual (e.g., sociocultural), and cognitive.
3. To introduce students to the stages of human development including prenatal, infancy, childhood, adolescence, and adulthood.
4. To encourage students to consider the implications and applications of lifespan development in everyday life.

Required Text

The class requires the textbook: **Human Development: A Cultural Approach** (3rd Ed) by Arnett, Jeffrey Jensen and Jensen, Lene Arnett (2019), Pearson. Textbook (9780134641348) can be purchased new, used, e-book, Revel version, or rented from a commercial vendor such as the College of the Redwoods Bookstore, or direct through Pearson Publishing. If you purchase the Pearson REVEL edition which includes more support information and practice quizzes, be aware that all grading and quizzes required will be within the CANVAS modules and not through REVEL, you will only use Revel for **textbook content**.

Note: We use the 3rd edition, although it is similar to the 1st and 2nd editions in its chapter layout. The earlier editions are less expensive substitutes, although some content and exam answers may not be found in the earlier editions as the quiz questions come the 3rd edition. If you order a hardcopy from a vendor, try to order next day air as the class begins the very first day of class and quizzes start the first week. You may get free access to the REVEL online ebook through Pearson Publishing for 2 weeks only, I've been told. Here is REVEL

<https://console.pearson.com/enrollment/dkltfh>

Need a computer?

https://redwoods.libguides.com/about-the-library/laptop_loans

Course Content

All Course content including Instructions, Lectures, Power points, Videos, Assignments can be found in the modules link, starting with [Welcome and Introductions](#). Please

follow it closely. Deadlines for assignments are also listed on the syllabus, assignment link and canvas calendar.

Admissions deadlines & enrollment policies

Summer 2023 Dates

Note: Last Day to drop without a W is 6/9/23

Last day to drop with a W is 6/30

Here are important dates for full semester classes:

- *Classes begin 05/30/23*
- *July 4th, Holiday*
- *Summer Session Ends 07/20/23*

Student Readiness

Are you ready for online classes? Please take about 15 minutes to review what it means to take an online class by watching the Introduction to Online Learning presentation at: <https://apps.3cmediasolutions.org/oei/modules/intro/>

Student Accessibility

College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or [Disability Services and Programs for Students](#) (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1st floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

If you are taking online classes, DSPS will email approved accommodations for distance education classes to your instructor. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last minute arrangements or post-test adjustments usually cannot be accommodated.

Student Commitment

Your commitment will require at least as much time as you dedicate to a traditional class. A typical three credit hour class will require about nine hours per week of your time. For summer classes, you would double this time commitment. You will need to carefully read online lectures and textbook chapters, watch online videos, participate in online discussions, and complete weekly quizzes. Conscientiousness, attention to details, and college-level reading/writing are critical for success. Please set your

notifications to receive my emails and announcements. Make sure to read all my comments/feedback on your assignments.

Instructor Commitment

I dedicate as much or more time to this class compared to a traditional class. I will access the class website regularly and respond to posted questions and messages within 48 hours (less reliable on weekends). Grades for quizzes are available after they close. Grading on Discussions is generally 1 week after deadlines. Additionally, I read every discussion forum post and occasionally participate. There is also regular instructor-based communication with weekly announcements, lectures, evaluative feedback to your discussion posts and exams, and emails/messages to students who fall behind.

Student Support

Good information and clear communication about your needs will help you be successful. Please let your instructor know about any specific challenges or technology limitations that might affect your participation in class. College of the Redwoods wants every student to be successful.

Regular Contact

The instructor will initiate regular effective contact and maintain substantive interaction by including elements such as timely (within one week) and substantive feedback using a scoring rubric on course assignments including discussion forums and access to correct answers on weekly quizzes. Instructor-prepared materials (videos and/or lectures) are used to create a virtual equivalent of face-to-face classes.

Evaluation & Grading Policy

Chapter Quizzes (220 points) There will be a multiple-choice quiz on each chapter based on the textbook readings. Questions are randomly drawn from a pool and you have 2 hours to complete the quiz. Quizzes are open for one week and are open book. You can only take the quiz once, but your two lowest scores will be dropped from your final grade. There are no makeup quizzes. Correct answers are available after the deadline. You will find the quizzes in the Modules, Assignments and Quiz link.

Class Discussions (240 points) There will be a discussion question on each chapter based on questions posted and video prompts. You may earn up to 20 points per discussion. This is an important and required part of the class and provides you an opportunity to engage with other students. Grading is based on your initial response to the prompt (14 pts possible) and a response to at least 2 fellow students, commenting on their post and asking them a question (6 pts possible). Please see detailed grading rubric in the Discussion Board and Modules in the Canvas course for more detail. Posts are due on the deadline. You have one day after the deadline to post but will lose 3 points. Your two lowest or missed scores will be dropped from your final grade. Be sure to respond to our first Discussion [Welcome and Student Introductions](#). The discussion forum is accessed in the Modules link, Assignments and Discussion Board.

Midterm: Research Application Essay (50 pts) This will be a 4-10 (max) page essay on a developmental stages applied to your experience. Please see detailed guidelines in the Course Modules in CANVAS. 5 pts deducted for each day late.

Exams (30 pts) There will be a short quiz on the syllabus requirements the first week of class. (10 pts) There will be a final exam multiple choice quiz based on the course student learning outcomes (listed at the beginning of this syllabus) at the end of class. (20 pts)

Extra Credit/Make-up policy (20 pts) You may earn 20 extra credit points towards your grade by completing the Course evaluation at the end of class. There are no make-ups for missed work, so please review the course calendar/assignment deadlines and write them down. If a student misses 3 or more assignments in a row and is failing the class, I may drop the student with a W, but it is the student's responsibility to drop a class, to avoid a failing grade. Please contact me if you do not wish to be dropped with a W in that event. I suggest completing work at least 2 days before the deadline so you don't miss anything, given Murphy's Law.

Class Schedule

All course content (except textbook) is in the Modules section of CANVAS. Students should read all information in the modules including Instructions, Lecture notes, Power points, videos and any supplemental videos or readings. The corresponding chapter in the textbook should be read before completing the quizzes. Please note these deadlines in your calendar. You may also look at the calendar in CANVAS to review deadlines.

<u>Deadline</u>	<u>Topic</u>	<u>Assignments Due</u>
6/3	Course Syllabus	Syllabus Quiz, Intro DQ
6/4	Ch 1: Introduction to Human Development	Ch 1 Quiz and Discussion
6/7	Ch 2: Genetics and Prenatal Development	Ch 2 Quiz and Discussion
6/11	Ch 3: Birth and the Newborn	Ch 3 Quiz and Discussion
6/14	Ch 4: Infancy	Ch 4 Quiz and Discussion
6/18	Ch 5: Toddlerhood	Ch 5 Quiz and Discussion
6/21	Ch 6: Early Childhood	Ch 6 Quiz and Discussion
6/25	Ch 7: Middle Childhood	Ch 7 Quiz and Discussion
6/28	Midterm Research Paper Due	Paper
7/2	Ch 8: Adolescence	Ch 8 Quiz and Discussion
7/5	Ch 9: Emerging Adulthood	Ch 9 Quiz and Discussion
7/9	Ch 10: Young Adulthood	Ch 10 Quiz and Discussion

7/12	Ch 11: Middle Adulthood	Ch 11 Quiz and Discussion
7/16	Ch 12: Late Adulthood	Ch 12 Quiz and Discussion
7/19	Ch 13: Death/Afterlife Beliefs	Ch 13 Quiz and Discussion
7/19	Final Exam Student Learning Outcomes Goodbyes	Final, Course evaluation,

Grading Criteria:

Ch Quizzes	220 pts
Discussions	240 pts
Midterm paper	50 pts
Syllabus Quiz	10 pts
Final/SLO exam	20 pts
Course evaluation (extra credit)	20 pts
Total possible points:	540 pts
480-540	=A
420-479	=B
360-419	=C
300-359	=D
Below 299	=F

Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

Disruptive behavior

Student Code of Conduct: Please familiarize yourself with the Student Code of Conduct (AP 5500). It requires you to do your own work. All essays, postings, and exams must

be completed by you without assistance. Do not use any source except the textbook or instructor's lectures in your writing/postings without proper citation. In cases involving academic dishonesty, determination of the grade and your status in the course is left primarily to the discretion of the instructor. In such cases where the instructor determines that you have demonstrated academic dishonesty, you may receive a failing grade for the assignment. Student participation that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: failure to adhere to instructor's directions; vulgar or obscene language; racist, sexist, or other forms of prejudice, and; personal intimidation. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. Simply put, please follow the guiding principles of kindness and empathy in your communication, especially discussion postings

Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

Setting Your Preferred Name in Canvas

Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact [Admissions & Records](#) to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. This does not change your legal name in our records. See the [Student Information Update form](#).

Login instructions for Canvas and Support Information

Log into Canvas at [My CR Portal](#)

For help logging in to Canvas, visit [My CR Portal](#).

For help with Canvas once you're logged in, click on the Help icon on the left menu.

For tech help, email its@redwoods.edu or call 707-476-4160

Canvas online orientation workshop: [Canvas Student Orientation Course \(instructure.com\)](#)

Computer Skills

Online courses require adequate computer skills. You should be able to navigate the Canvas course website, read and watch online assignments, participate in online discussions, take online timed quizzes, and submit an essay. It is your responsibility to meet the technological demands of the course.

Computer Requirements: • Internet Access: Broadband services from cable, DSL, or satellite providers as there are required multimedia assignments. You need to have reliable access to the internet at least two times a week for the full course session. Anticipate problems with your computer and internet access (including power outages) by not waiting until the last minute to submit assignments. It is your responsibility to meet the class deadlines.

- Computers: You should plan on doing most of your work (especially exams and assignments) from a reasonably recent model notebook or desktop computer (Mac or PC). Do NOT participate in this class solely from a portable device. (phones)
- Portable Devices: You can use recent model portable devices (such as Android or iOS phones & tablets) for some things in this class. If you do decide to use your portable device for some of your class work, use the free Canvas app (called “Canvas by Instructure”) available in iTunes (for iOS) and the Google Play Store (for Android).
- I do not recommend connecting to Canvas using a web browser on a portable device. Your experience with Canvas will be a lot better using the app. • Browsers - You will need to use the most recent version of one of the following browsers to best access the course and activities; Mozilla Firefox (10 or higher), Chrome (54.0.2840.99 m or higher), or Safari (1.2 or higher). I do not recommend using Internet Explorer as it does not work properly with Canvas.

Community College Student Health and Wellness

Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges [Health & Wellness website](#).

[Wellness Central](#) is a free online health and wellness resource that is available 24/7 in your space at your pace.

Students seeking to request a counseling appointment for academic advising or general counseling can email counseling@redwoods.edu.

Emergency procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones. Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <https://webadvisor.redwoods.edu> and selecting ‘Students’ then ‘Academic Profile’ then ‘Current Information Update.’

Please contact Public Safety at 707-476-4112 or security@redwoods.edu if you have any questions. For more information see the [Redwoods Public Safety Page](#).

In an emergency that requires an evacuation of the building anywhere in the District:

- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus, unless it has been deemed safe by the campus authorities.

Del Norte Campus Emergency Procedures

Please review the [Crescent City campus emergency map](#) for campus evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information, see the [Redwoods Public Safety Page](#).

Eureka Campus Emergency Procedures

Please review the [campus emergency map](#) for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the [Redwoods Public Safety Page](#). It is the responsibility of College of the Redwoods to protect life and property from the effects of emergencies within its own jurisdiction.

In the event of an emergency:

1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.
2. Dial 911, to notify local agency support such as law enforcement or fire services.
3. Notify Public Safety 707-476-4111 and inform them of the situation, with as much relevant information as possible.
4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, Public address system, and when possible, updates on the college website, to ensure the school community is notified.
5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown, assist others if possible, cooperate with First Responders, etc.).
6. If safe to do so, notify key administrators, departments, and personnel.
7. Do not leave campus, unless it is necessary to preserve life and/or has been deemed safe by the person in command.

Klamath Trinity Campus Emergency Procedures

Please review the responsibilities of, and procedures used by, the College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to communicate to faculty, staff, students and the general public during an emergency. It is the responsibility of College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to protect life and property from the effects of emergency situations within its own jurisdiction.

1. In the event of an emergency, communication shall be the responsibility of the district employees on scene.
2. Dial 911, to notify local agency support such as law enforcement or fire services.
3. If safe to do so, notify key administrators, departments, and personnel.
4. If safe to do so, personnel shall relay threat information, warnings, to ensure the school community is notified.
5. Contact 530-625-4821 to notify of situation.
6. Contact Hoopa Tribal Education Administration office 530-625-4413
7. Notify Public Safety 707-476-4111.
8. In the event of an emergency, the responsible district employee on scene will:
9. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet.
10. Lock all doors and turn off lights if in lockdown due to an active shooter or similar emergency.
11. Close all window curtains.
12. Get all inside to safe location Kitchen area is best internal location.
13. If a police officer or higher official arrives, they will assume command.
14. Wait until notice of all is clear before unlocking doors.
15. If safe to do so, move to the nearest evacuation point outside building (Pooky's Park), directly behind the Hoopa Tribal Education Building.
16. Do not leave site, unless it has been deemed safe by the person in command. Student Support Services (required for online classes)

Student Support Services

The following online resources are available to support your success as a student:

- [CR-Online](#) (Comprehensive information for online students)
- [Library Articles & Databases](#)
- [Canvas help and tutorials](#)
- [Online Student Handbook](#)

[Counseling](#) offers assistance to students in need of professional counseling services such as crisis counseling.

Learning Resource Center includes the following resources for students

- [Academic Support Center](#) for instructional support, tutoring, learning resources, and proctored exams. Includes the Math Lab & Drop-in Writing Center
- [Library Services](#) to promote information literacy and provide organized information resources.
- [Multicultural & Diversity Center](#)

Special programs are also available for eligible students include

- [Extended Opportunity Programs & Services \(EOPS\)](#) provides services to eligible income disadvantaged students including: textbook award, career academic and personal counseling, school supplies, transportation assistance, tutoring, laptop, calculator and textbook loans, priority registration, graduation cap and gown, workshops, and more!
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in [Eureka](#) or in [Del Norte](#)
- The [Veteran's Resource Center](#) supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821

Instructor Message:

While I make every effort to follow the standards and schedule of this syllabus there may be times when changes are necessary. I will inform the class through the announcement board and/or class messages of any changes. Please review the grading criteria, some of your lower scores are dropped from your final grade. There is one extra credit assignment available. If you post about child or elder abuse, I may be obligated to report to Humboldt County Protective Services. Please contact me with any concerns or questions.

I hope you enjoy the class and feel free to email me with any questions,

Dr. Heidi Morgan.

(Note: Some content borrowed with permission from Mark Winter Ph.D.)

Official Course Outline

<https://redwoods.elumenapp.com/public/course/60/6f3889d3-c3c2-11eb-97da-37874d4e65f6/6f3889d3-c3c2-11eb-97da-37874d4e65f6>